



Sport Safe Policy for the TRIGG JUNIOR BOARDRIDERS CLUB

The safety of all athletes is our primary concern.

We will actively seek to promote, encourage and support Sport Safe strategies for all training and competition sessions at all levels (local, regional, state and national).

Where possible the Trigg Junior Boardriders will:

- ✍ Ensure that there is adequate public liability and competitor insurance;
- ✍ Adopt Sports Medicine Australia's policies and guidelines:
 - ✍ Blood/ infectious diseases;
 - ✍ Pregnancy and sports participation; and,
 - ✍ Children in sport guidelines.
- ✍ Encourage older members, coaches, officials and parents to be Sport Safe role models and to be aware of their roles and responsibilities;
- ✍ Advise members (and parents) about the Sport Safe Policy at registration and encourage them to comply with it;
- ✍ Ensure members complete a pre-season medical history form, and that injury records are maintained throughout the season;
- ✍ Promote Sport Safe strategies through newsletters, brochures and over the public address system at competitions;
- ✍ Ensure that an 'emergency management plan' is implemented. This includes:
 - ✍ appointment of emergency co-ordinator;
 - ✍ access to details on emergency contact hone numbers/location; and
 - ✍ maintenance of an adequately stocked first aid kit.
- ✍ Ensure accredited Sports Trainers and First Aiders are present at all competitions and training sessions;
- ✍ Actively promote and encourage (where applicable) the use of protective equipment including wetsuits, footwear, headwear and appropriate clothing;



- ✍ Ensure a safe competitive venue by checking before any training or competition for obstructions or potential dangers;
- ✍ Advise members to replace fluids before, during and after training and competition sessions, and to have their own water bottle;
- ✍ Encourage any member who has an illness or serious injury to seek a medical clearance before returning to training and competition;
- ✍ Consider the reasons for and appropriateness of any rules that prevent the implementation of Sport Safe strategies; and,
- ✍ Review the Sport Safe policy annually.

Kevin Bancroft
PRESIDENT

Date 4 February 2004

